





WOODCREST MENU GRADES PreK-6 SY 2023-24



w k 1	MONDAY 12/11	TUESDAY 12/12	LEAN AND GREEN WEDNESDAY 12/13	THURSDAY 12/14	FRIDAY 12/15  OHIO DAY
	B Mini Bagels with Cinnamon Creamy Cheese (42g)	Chicken Sausage on Maple Waffle (15g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	 Danimals Yogurt (12g) with Granola (15g) and Dragon Punch (14g)
L u n c h	Chicken Nuggets (13g) & Bread (12g) D Cheese Pizza (29g) <> Turkey Sticks with Tortilla Strips (23g) & Bread (12g) D	Turkey Hot Dog on Bun (21g) D for K-6 ONLY Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g) Baked Beans (30g)	Cheese Breadstick (28g) with Marinara Cup (4g) <> Macaroni and Cheese (32g) & Bread (12g) <> 2 Peeps {hard-boiled eggs} (2g) & Bread (12g) <> D	Hamburger/Bun (25g) D Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Emoji Potato (18g)	Toasted Cheese Sandwich (31g) <> Rotini with Meat Sauce (24g) & Bread (12g) D Rotisserie Chicken and Cheese on Bun (31g)
w k 2	MONDAY 12/18	TUESDAY 12/19	LEAN AND GREEN WEDNESDAY 12/20	THURSDAY 12/21	FRIDAY 12/22
	B Mini Bagels Strawberry Creamy Cheese (42g)	Triple Berry French Toast (36g)			
L u n c h	Chicken Drumstick (5g) & Bread (12g) D Turkey Sausage/Eggoji Waffle (31g) 2 Peeps {hard-boiled eggs 2g} & Bread (12g) <> D	Fiestada Sandwich (31g) Impossible Burger on Bun (32g) <> D Buffalo Chicken and Cheese on Bun (30g) Green Beans (5g)	NO SCHOOL	NO SCHOOL	NO SCHOOL
	<u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u> Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (24g) offered at breakfast/lunch. <u>A complete breakfast and lunch are FREE to every student!!</u>		Grams of carbohydrate for each food are listed as (g). D Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 10/4/2023		

ALL SCHOOLS CLOSED DECEMBER 20-JANUARY 2 FOR WINTER BREAK



ELEMENTARY MENU GRADES PreK-6

SY 2023-24

w k 1	MONDAY 1/1	TUESDAY 1/2	LEAN AND GREEN WEDNESDAY 1/3	THURSDAY 1/4	FRIDAY 1/5
	HAPPY NEW YEAR!				
L u n c h	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
w k 2	MONDAY 1/8	TUESDAY 1/9	LEAN AND GREEN WEDNESDAY 1/10	THURSDAY 1/11	FRIDAY 1/12
			Mini Cinnis (39g)	Breakfast Pizza with Beef and Red Sauce (17g)	Blueberry Waffles (37g)
L u n c h	NO SCHOOL	NO SCHOOL	Dynamite Dippers (23g) & Bread (12g) <> D Toasted Cheese Sandwich (31g) <> Yogurt (12g)/Cheese Stick (1g) & Granola (15g) & Bread (12g) <>	Walking Taco (25g) & Bread (12g) Cheese-Pizza (29g)-<> Turkey Sticks with Tortilla Strips (23g) & Bread (12g) D Corn (14g)	Chicken Patty on Bun (34g) D Beef Cheeseburger (27g) 2 Peeps {hard-boiled eggs 2g} & Bread (12g) <> D
	<u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u> Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (24g) offered at breakfast/lunch. <u>A complete breakfast and lunch are FREE to every student!!</u>		Grams of carbohydrate for each food are listed as (g). D Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 1/3/2024		